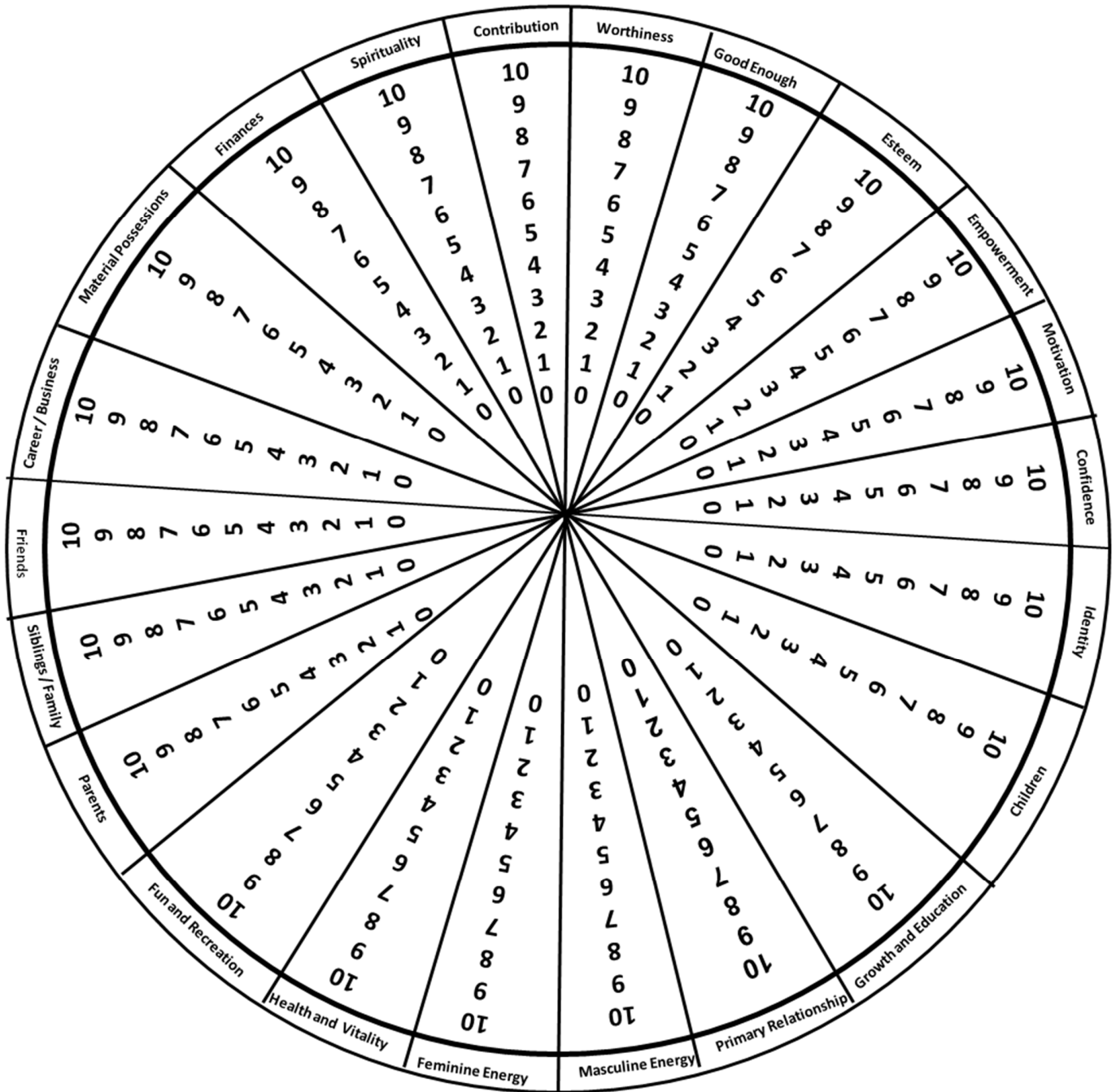




# Real Life Design™

## 22 DYNAMIC AREAS FOR MY IDEAL LIFE





Real Life Design™

## 22 DYNAMIC AREAS

### WEALTH

**Finances:** How close to ideal are your finances? Are you where you want to be? Are you clear on where you are going?

**Material Possessions:** Do you have all the tangible things you would like to have in your Ideal Life?

### SPIRITUALITY

**Spirituality:** How strong is your faith in your higher self, in your belief systems or your chosen spiritual following?

**Contribution:** What do you feel inspired to contribute to – is it family, community, school, country, a cause, globally, humanity?

### SELF

**Worthiness:** Do you feel that you fully deserve to have your Ideal Life in your hands? Do you feel completely worthy of everything great that comes to you?

**Good Enough:** Are you engaging in an action of doing and being your very best – according to your own standards?

**Esteem:** How well do you give yourself unconditional esteem, recognise your achievements, credits, acknowledgements, praise and self love? Do you truly recognise your own brilliance?

**Empowerment:** Do you allow and embrace your own personal power and give yourself permission to choose, to take action, to really go for it?

**Motivation:** How easy do you make it to inspire yourself, or be inspired, in your life? Have you found the motive to be motivated consistently?

**Confidence:** Do you have emotional certainty, knowing and assuredness in any situation? How confident are you to walk into the unknown and fully trust yourself?

**Identity:** Who are you? Who do you need to become for your Ideal Life? What do you stand for as a Woman or a Man? Can you stand in front of 1000 young people and talk about your Identity for several hours?

**Masculine Energy:** Masculine energy is the energy that is straight, firm, robust and forceful.

Real Education Accelerated Learning™

Ph (07) 3348 5888 Fax (07) 3348 5877 P O Box 5435 Manly QLD 4179 © 1999  
Email customerservice@realeducation.com.au | Website www.realeducation.com.au



## Real Life Design™

# 22 DYNAMIC AREAS – CONTINUED

**Feminine Energy:** Feminine energy is the energy that is gentle, calm, refined and flexible.

**Growth and Education:** Are you expanding or contracting? How much energy do you invest in your personal growth?

## RELATIONSHIP

**Primary Relationship:** People are meant to be in loving relationships. How close is your life to having an ideal primary relationship? Do you feel fulfilled in your Primary Relationship?

**Children:** Are you having the relationship you want with all of your children? Have you made peace with them? Are you complete with them in your heart?

**Friends:** Are your friendships adding value to your life? Do you add value to theirs? What kind of people are you attracting into your life? Who is in your life boat?

**Parents:** Is your relationship with your parents the way you would want it? If you, or they were to die tomorrow, would you have any regrets about your relationship with them? Have you made peace with them? Are you complete with them in your heart?

**Siblings/Family:** Are you as close to your siblings as you would like to be? Are you having the relationship you want with all of your family? Have you made peace with them? Are you complete with them?

## PHYSICAL

**Health and Vitality:** Is your health and vitality at an optimal level?

## PLAYTIME & ADVENTURE

**Fun and Recreation:** Do you have a variety of activities in your life?

## VOCATION

**Career/Business:** Is your career (i.e. the role that you do, profession or occupation) going the way you would want it to, is it satisfying and fulfilling to you? Do you go to work to learn and grow, or just to earn? Is your organisation, the structures and its procedures creating the outcome you deserve?